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Mystical things happen when regular people leading ordinary lives begin to question their synchronicities while planning their 20th year class reunion

Cynthia A. Hart releases 'Choices ~The Awakening: When old friends meet again exploring dreams, visions & creation.'

CANTON, Ga. — In a return to the publishing scene, Cynthia A. Hart releases “Choices ~The Awakening: When old friends meet again exploring dreams, visions & creation.” ([published by Balboa Press](#)), the story about 12 everyday people, who realize there is a special bond between them, stronger than others they have had since those carefree days in high school. Things begin to happen, like sensing each other’s thoughts, talking for hours when time seems to stand still and even visions from a distant past. Those memories help them open up, start asking questions and sharing thoughts that they would only tell the others. Once they begin looking at their lives with a new attitude, considering their choices and eventually accepting responsibility for their own life; these bizarre happenstances start creating openings into other areas. Some deep-rooted truths are revealed as they begin to tune into an awareness and deeper knowledge, discovering that which has been missing throughout life. In turn, creating an even deeper sense of belonging going beyond their conditioning and religious confines.

When asked why this book, why now? Hart said candidly, “My generation grew up dawning to a new world, one that would require us to remember why we are here. I knew that I didn’t want to face it alone, so telling these tales about how it happened for a few, would be the call to others, to wake up.”

“And why now?” She asks, “Because a step back in time is required to not only see how far we’ve come, but to highlight the way forward. Everyone is on this path that has many layers to excavate, in order to realize our true self. The deeper we dig, the richer the stories become. And not only is science starting to discover things that mystics and prophets have always known, frequently there is more talk about frequencies in our world, seen and unseen. The holistic approach has become mainstream. Our species is finding the spiritual connection between the mind and body at an increasing rate. The fact that there was a definite rise 30 years ago in people starting to ask - What is the truth? Gives me hope that maybe I’m not the only one who at four years old had an ‘In-body-experience’ and had an ‘out-of-body’ experience when I nearly drowned at age 7.”

For years Hart would only admit to the fact that she had been here before and knew things she was not supposed to know. If you listen carefully, she might whisper that she can almost remember before time and matter, mattered.

“Choices ~The Awakening: When old friends meet again exploring dreams, visions & creation.”

By Cynthia A. Hart

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About the Author

Cynthia A Hart has worn many hats in her lifetime, but loves being a grandmother, most of all. She is also an ontologist, investor, writer and political activist who believes in peace and the search for truth. She is the most curious person she knows and is very passionate about all things related to the spiritual life. She discovered that traveling in her younger years, only made her homesick and that seeking to understand one’s inner aspects were more of an adventure than any foreign land. Currently, she lives with Jade and Rumie in a cabin in the woods on Spring Hill, just north of Atlanta.

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